

# SATURDAY 10/5/24

**MOVEMENT  
ROOM 1  
GRAND BALLROOM  
SOUTH**

**MOVEMENT  
ROOM 2  
GRAND BALLROOM  
NORTH**

**TALK  
ROOM 1  
MEETING ROOM A**

**TALK  
ROOM 2  
MEETING ROOM B**

9:00 AM - 9:45 AM

REGISTRATION (LOBBY)  
& OPEN WARM-UP SPACE  
(MOVEMENT ROOM 1)

9:45 AM - 10:00 AM

WELCOME

10:15 AM - 11:15 AM

MOVEMENT IMPROVISATION:  
SPONTANEITY & INTENTION  
WITH ERIKA CITRIN  
**TEEN ARTIST**

MAXIMIZE YOUR MOVEMENT  
WARM-UP TIME  
WITH KATHY VANDEREEDT  
**YOUTH ARTIST**

STAYING TRUE TO YOUR  
LIFE'S PURPOSE:  
THE MINDSET TOOLS EVERY  
ARTIST REQUIRES  
WITH MICHAEL IAN CEDAR  
**ADULT**

11:30 AM - 12:30 PM

MOVEMENT IMPROVISATION:  
SPONTANEITY & INTENTION  
WITH ERIKA CITRIN  
**YOUTH ARTIST**

MAXIMIZE YOUR MOVEMENT  
WARM-UP TIME  
WITH KATHY VANDEREEDT  
**TEEN ARTIST**

HEALTH CONSIDERATIONS  
FOR THE ADOLESCENT  
DANCER  
WITH MOLLY MCEVOY  
**ADULT**



12:30 PM - 1:30 PM

LUNCH BREAK

LUNCH BREAK

LUNCH BREAK

LUNCH BREAK

1:45 PM - 2:45 PM

AUDITIONING:  
THE INS & OUTS  
WITH DONNA VAUGHN  
**YOUTH ARTIST**

MAXIMIZE YOUR MOVEMENT  
WARM-UP TIME  
WITH KATHY VANDEREEDT  
**ADULT**

STAYING TRUE TO YOUR  
LIFE'S PURPOSE:  
THE MINDSET TOOLS EVERY  
ARTIST REQUIRES THAT  
SCHOOLS DON'T TEACH  
WITH MICHAEL IAN CEDAR  
**TEEN ARTIST**

3:00 PM - 4:00 PM

AUDITIONING &  
PERFORMANCE QUALITY  
CONSIDERATIONS  
WITH DONNA VAUGHN  
**ADULT**

STAYING TRUE TO YOUR  
LIFE'S PURPOSE:  
THE MINDSET TOOLS EVERY  
ARTIST REQUIRES THAT  
SCHOOLS DON'T TEACH  
WITH MICHAEL IAN CEDAR  
**YOUTH ARTIST**

FOUNDATIONAL  
INJURY PREVENTION  
WITH MOLLY MCEVOY  
**TEEN ARTIST**



4:00 PM - 5:00 PM

DINNER BREAK

DINNER BREAK

DINNER BREAK

DINNER BREAK

5:15 PM - 6:15 PM

AUDITIONING:  
THE INS & OUTS  
WITH DONNA VAUGHN  
**TEEN ARTIST**

MOVEMENT IMPROVISATION  
& CHOREOGRAPHY  
CONSIDERATIONS  
WITH ERIKA CITRIN  
**ADULT**

FOUNDATIONAL  
INJURY PREVENTION  
WITH MOLLY MCEVOY  
**YOUTH ARTIST**



6:30 PM - 7:30 PM

PERFORMANCE FOR  
FILM & LIVE EVENTS  
WITH ERIKA CITRIN  
**YOUTH ARTIST / TEEN ARTIST**

# SUNDAY 10/6/24

|   | MOVEMENT<br>ROOM 1<br>GRAND BALLROOM<br>SOUTH                                 | MOVEMENT<br>ROOM 2<br>GRAND BALLROOM<br>NORTH                                    | TALK<br>ROOM 1<br>MEETING ROOM A   | TALK<br>ROOM 2<br>MEETING ROOM B   |
|---|---|--|--|--|
| 7:45 AM - 8:10 AM   | SELF-GUIDED<br>WARM-UP TIME   |  |  |  |
| 8:10 AM - 8:15 AM   | MORNING WELCOME   |  |  |  |
| 8:30 AM - 9:30 AM   |   |  | TRANSITIONING FROM<br>HIGH SCHOOL TO<br>UNIVERSITY DANCE<br>PROGRAMS<br>WITH MOLLY MCEVOY<br>TEEN ARTIST / ADULT | FINDING YOUR BALANCE:<br>PHYSICAL AND EMOTIONAL<br>WELLNESS FOR PERFORMERS<br>WITH<br>KEYANA JONES JOHNSON<br>YOUTH ARTIST / TEEN ARTIST |
| 9:45 AM - 10:45 AM  | QUALITY OF PERFORMANCE<br>WITH DONNA VAUGHN<br>YOUTH ARTIST                   | FOUNDATIONS: BREAKING<br>DOWN TECHNIQUE<br>WITH KATHY VANDEREEDT<br>TEEN ARTIST  |                               | CULTIVATING CONFIDENCE:<br>GUIDING YOUNG PERFORMERS<br>THROUGH EMOTIONAL<br>CHALLENGES<br>WITH<br>KEYANA JONES JOHNSON<br>ADULT          |
| 11:00 AM - 12:00 PM   | QUALITY OF PERFORMANCE<br>WITH DONNA VAUGHN<br>TEEN ARTIST                    | FOUNDATIONS: BREAKING<br>DOWN TECHNIQUE<br>WITH KATHY VANDEREEDT<br>YOUTH ARTIST | CHOREOGRAPHING YOUR<br>CAREER: BUSINESS SKILLS<br>FOR PERFORMERS<br>WITH WHITNEY OLENCHAK<br>TEEN ARTIST / ADULT |  |
| 12:00 PM - 1:00 PM  | LUNCH BREAK   | LUNCH BREAK  | LUNCH BREAK  | LUNCH BREAK  |
| 1:15 PM - 2:15 PM   | FOUNDATIONS: BREAKING<br>DOWN TECHNIQUE<br>WITH KATHY VANDEREEDT<br>ADULT     | CHOREOGRAPHY:<br>THE WHO AND WHY<br>WITH ERIKA CITRIN<br>TEEN ARTIST             | FUELING THE PERFORMER<br>WITH LIBBY PARKER<br>YOUTH ARTIST   |  |
| 2:30 PM - 3:30 PM   |   | CHOREOGRAPHY:<br>THE WHO AND WHY<br>WITH ERIKA CITRIN<br>YOUTH ARTIST            | FUELING THE PERFORMER<br>WITH LIBBY PARKER<br>TEEN ARTIST  | CHOREOGRAPHING YOUR<br>CAREER: BUSINESS SKILLS<br>FOR PERFORMERS<br>WITH WHITNEY OLENCHAK<br>TEEN ARTIST / ADULT                         |
| 3:45 PM - 4:45 PM<br>(THE AUDITION<br>EXPERIENCE:<br>3:45 PM - 5:15 PM) | THE AUDITION<br>EXPERIENCE<br>WITH DONNA VAUGHN<br>YOUTH ARTIST / TEEN ARTIST | STRETCH & REFLECT<br>WITH WHITNEY OLENCHAK<br>YOUTH ARTIST / TEEN ARTIST         | FUELING THE PERFORMER<br>WITH LIBBY PARKER<br>ADULT  |  |
| 5:25 PM   | CLOSING COMMENTS  |  |  |  |