SATURDAY 10/5/24

YOUTH ARTIST

TEEN ARTIST ADULT

9:00 AM - 9:45 AM

REGISTRATION LOBBY &

OPEN WARM-UP SPACE MOVEMENT ROOM 1 REGISTRATION LOBBY

OPEN WARM-UP SPACE

REGISTRATION LOBBY

OPEN WARM-UP SPACE

9:45 AM - 10:00 AM

WELCOME

MOVEMENT ROOM 1

WELCOME

MOVEMENT ROOM 1

WELCOME

MOVEMENT ROOM 1

10:15 AM - 11:15 AM

MAXIMIZE YOUR MOVEMENT WARM-UP TIME

WITH KATHY VANDEREEDT MOVEMENT ROOM 2

MOVEMENT IMPROVISATION: SPONTANEITY & INTENTION

WITH ERIKA CITRIN
MOVEMENT ROOM 1

STAYING TRUE TO YOUR LIFE'S PURPOSE: THE MINDSET TOOLS EVERY ARTIST REQUIRES

WITH MICHAEL IAN CEDAR
TALK ROOM 1

11:30 AM - 12:30 PM

MOVEMENT IMPROVISATION: SPONTANEITY & INTENTION

WITH ERIKA CITRIN MOVEMENT ROOM 1

MAXIMIZE YOUR MOVEMENT WARM-UP TIME

WITH KATHY VANDEREEDT
MOVEMENT ROOM 2

HEALTH CONSIDERATIONS FOR THE ADOLESCENT DANCER

WITH MOLLY MCEVOY TALK ROOM 2

HARKNESS CENTER FOR DANCE INJURIES

12:30 PM - 1:30 PM

LUNCH BREAK

LUNCH BREAK

LUNCH BREAK

1:45 PM - 2:45 PM

AUDITIONING: THE INS & OUTS

WITH DONNA VAUGHN

STAYING TRUE TO YOUR LIFE'S PURPOSE: THE MINDSET TOOLS EVERY ARTIST REQUIRES THAT SCHOOLS DON'T TEACH

WITH MICHAEL IAN CEDAR
TALK ROOM 1

MAXIMIZE YOUR MOVEMENT WARM-UP TIME

WITH KATHY VANDEREEDT
MOVEMENT ROOM 2

3:00 PM - 4:00 PM

STAYING TRUE TO YOUR LIFE'S PURPOSE: THE MINDSET TOOLS EVERY ARTIST REQUIRES THAT SCHOOLS DON'T TEACH

WITH MICHAEL IAN CEDAR

TALK ROOM 1

FOUNDATIONAL INJURY PREVENTION

WITH MOLLY MCEVOY TALK ROOM 2

HARKNESS CENTER FOR DANCE INJURIES AUDITIONING & PERFORMANCE QUALITY CONSIDERATIONS

WITH DONNA VAUGHN MOVEMENT ROOM 1

4:00 PM - 5:00 PM

DINNER BREAK

DINNER BREAK

DINNER BREAK

5:15 PM - 6:15 PM

FOUNDATIONAL INJURY PREVENTION WITH MOLLY MCEVOY

TALK ROOM 2

HARKNESS CENTER FOR DANCE INJURIES AUDITIONING: THE INS & OUTS

WITH DONNA VAUGHN MOVEMENT ROOM 1

MOVEMENT IMPROVISATION & CHOREOGRAPHY CONSIDERATIONS

WITH ERIKA CITRIN
MOVEMENT ROOM 2

6:30 PM - 7:30 PM

PERFORMANCE FOR FILM & LIVE EVENTS

WITH ERIKA CITRIN
MOVEMENT ROOM 2

PERFORMANCE FOR FILM & LIVE EVENTS
WITH ERIKA CITRIN

MOVEMENT ROOM 2

ROOM KEY:

MOVEMENT ROOM 1: GRAND BALLROOM SOUTH MOVEMENT ROOM 2: GRAND BALLROOM NORTH

TALK ROOM 1: **MEETING ROOM A** TALK ROOM 2: MEETING ROOM B

<u>INDAY 10/6/24</u> 7:45 AM - 8:10 AM SELF-GUIDED WARM-UP SELF-GUIDED WARM-UP SELF-GUIDED WARM-UP **MOVEMENT ROOM 1 MOVEMENT ROOM 1 MOVEMENT ROOM 1** 8:10 AM - 8:15 AM **WELCOME** WELCOME WELCOME **MOVEMENT ROOM 1 MOVEMENT ROOM 1 MOVEMENT ROOM 1** 8:30 AM - 9:30 AM FINDING YOUR BALANCE: TRANSITIONING FROM TRANSITIONING FROM **HIGH SCHOOL TO** PHYSICAL AND EMOTIONAL **HIGH SCHOOL TO** WELLNESS FOR PERFORMERS UNIVERSITY DANCE **UNIVERSITY DANCE PROGRAMS PROGRAMS** WITH WITH MOLLY MCEVOY WITH MOLLY MCEVOY KEYANA JONES JOHNSON **TALK ROOM 1 TALK ROOM 1 TALK ROOM 2** HARKNESS CENTER FOR DANCE INJURIES HARKNESS CENTER FOR DANCE INJURIES OR FINDING YOUR BALANCE: PHYSICAL AND EMOTIONAL WELLNESS FOR PERFORMERS WITH KEYANA JONES JOHNSON **TALK ROOM 2** 9:45 AM - 10:45 AM CULTIVATING CONFIDENCE: GUIDING YOUNG PERFORMERS THROUGH EMOTIONAL **QUALITY OF PERFORMANCE** FOUNDATIONS: BREAKING **DOWN TECHNIQUE** WITH DONNA VAUGHN WITH KATHY VANDEREEDT **MOVEMENT ROOM 1 CHALLENGES MOVEMENT ROOM 2** WITH KEYANA JONES JOHNSON **TALK ROOM 2** 11:00 AM - 12:00 PM **CHOREOGRAPHING YOUR FOUNDATIONS: BREAKING OUALITY OF PERFORMANCE DOWN TECHNIQUE CAREER: BUSINESS SKILLS** WITH DONNA VAUGHN **FOR PERFORMERS** WITH KATHY VANDEREEDT **MOVEMENT ROOM 1** WITH WHITNEY OLENCHAK **MOVEMENT ROOM 2 TALK ROOM 1** OR **CHOREOGRAPHING YOUR CAREER: BUSINESS SKILLS** FOR PERFORMERS WITH WHITNEY OLENCHAK **TALK ROOM 1** 12:00 PM - 1:00 PM **LUNCH BREAK LUNCH BREAK LUNCH BREAK** 1:15 PM - 2:15 PM **FUELING THE PERFORMER** CHOREOGRAPHY. **FOUNDATIONS: BREAKING** THE WHO AND WHY **DOWN TECHNIQUE** WITH LIBBY PARKER WITH ERIKA CITRIN WITH KATHY VANDEREEDT **TALK ROOM 1 MOVEMENT ROOM 2 MOVEMENT ROOM 1** 2:30 PM - 3:30 PM **CHOREOGRAPHY: CHOREOGRAPHING YOUR FUELING THE PERFORMER** THE WHO AND WHY **CAREER: BUSINESS SKILLS** WITH LIBBY PARKER WITH ERIKA CITRIN FOR PERFORMERS **TALK ROOM 1** WITH WHITNEY OLENCHAK **MOVEMENT ROOM 2 TALK ROOM 2** OR **CHOREOGRAPHING YOUR CAREER: BUSINESS SKILLS** FOR PERFORMERS WITH WHITNEY OLENCHAK **TALK ROOM 2** THE AUDITION THE AUDITION **EXPERIENCE EXPERIENCE** WITH DONNA VAUGHN WITH DONNA VAUGHN 3:45 PM - 5:15 PM) **MOVEMENT ROOM 1 MOVEMENT ROOM 1**

(THE AUDITION **EXPERIENCE:**

3:45 PM - 4:45 PM

STRETCH & REFLECT WITH WHITNEY OLENCHAK **MOVEMENT ROOM 2**

STRETCH & REFLECT WITH WHITNEY OLENCHAK MOVEMENT ROOM 2

FUELING THE PERFORMER WITH LIBBY PARKER **TALK ROOM 1**

5:25 PM

CLOSING COMMENTS MOVEMENT ROOM 1

CLOSING COMMENTS MOVEMENT ROOM 1

CLOSING COMMENTS MOVEMENT ROOM 1

ROOM KEY:

GRAND BALLROOM

OOM 1: MEETING ROOM A

MEETING ROOM B