

# SATURDAY 10/26/24

**MOVEMENT ROOM 1**  
REAR LEFT BALLROOM A/B

**MOVEMENT ROOM 2**  
REAR RIGHT BALLROOM E/F

**TALK ROOM 1**  
FRONT LEFT BALLROOM C

**TALK ROOM 2**  
FRONT RIGHT BALLROOM D

9:00 AM - 9:40 AM

REGISTRATION (LOBBY)  
& OPEN WARM-UP SPACE  
(MOVEMENT ROOM 1)

9:40 AM - 9:55 AM

WELCOME

10:00 AM - 11:00 AM

**MOVEMENT IMPROVISATION:  
CREATIVITY EXPLORATION**  
WITH JOEY HERNANDEZ  
**TEEN ARTIST**

**MAXIMIZE YOUR MOVEMENT  
WARM-UP TIME**  
WITH KATHY VANDEREEDT  
**YOUTH ARTIST**

**STAYING TRUE TO YOUR  
LIFE'S PURPOSE:  
THE MINDSET TOOLS EVERY  
ARTIST REQUIRES**  
WITH MICHAEL IAN CEDAR  
**ADULT**

11:15 AM - 12:15 PM

**EXPLORING MOVEMENT  
IMPROVISATION**  
WITH JOEY HERNANDEZ  
**YOUTH ARTIST**

**MAXIMIZE YOUR MOVEMENT  
WARM-UP TIME**  
WITH KATHY VANDEREEDT  
**TEEN ARTIST**

**PROACTIVE HEALTH FOR  
PERFORMERS: SELF-  
ASSESSMENT & INJURY RISK  
MANAGEMENT**  
WITH DR. MEGHAN GEARHART  
**ADULT**

12:15 PM - 1:15 PM

LUNCH BREAK

LUNCH BREAK

LUNCH BREAK

LUNCH BREAK

1:15 PM - 2:15 PM

**AUDITIONING:  
THE INS & OUTS**  
WITH DONNA VAUGHN  
**YOUTH ARTIST**

**MAXIMIZE YOUR MOVEMENT  
WARM-UP TIME**  
WITH KATHY VANDEREEDT  
**ADULT**

**STAYING TRUE TO YOUR  
LIFE'S PURPOSE:  
THE MINDSET TOOLS EVERY  
ARTIST REQUIRES THAT  
SCHOOLS DON'T TEACH**  
WITH MICHAEL IAN CEDAR  
**TEEN ARTIST**

2:30 PM - 3:30 PM

**AUDITIONING &  
PERFORMANCE QUALITY  
CONSIDERATIONS**  
WITH DONNA VAUGHN  
**ADULT**

**STAYING TRUE TO YOUR  
LIFE'S PURPOSE:  
THE MINDSET TOOLS EVERY  
ARTIST REQUIRES THAT  
SCHOOLS DON'T TEACH**  
WITH MICHAEL IAN CEDAR  
**YOUTH ARTIST**

**PROACTIVE HEALTH FOR  
PERFORMERS: SELF-  
ASSESSMENT & INJURY  
RISK MANAGEMENT**  
WITH DR. MEGHAN GEARHART  
**TEEN ARTIST**

3:45 PM - 4:45 PM

**AUDITIONING:  
THE INS & OUTS**  
WITH DONNA VAUGHN  
**TEEN ARTIST**

**MOVEMENT IMPROVISATION  
& CHOREOGRAPHY  
CONSIDERATIONS**  
WITH JOEY HERNANDEZ  
**ADULT**

**PROACTIVE HEALTH FOR  
PERFORMERS: SELF-  
ASSESSMENT & INJURY  
RISK MANAGEMENT**  
WITH DR. MEGHAN GEARHART  
**YOUTH ARTIST**

4:45 PM - 5:45 PM

DINNER BREAK

DINNER BREAK

DINNER BREAK

DINNER BREAK

5:45 PM - 7:15 PM  
(CAMERA-READY  
PERFORMANCES)

**CAMERA-READY  
PERFORMANCES**  
WITH DANI ALBERTINA  
**YOUTH ARTIST / TEEN ARTIST**

**HEALTH CONSIDERATIONS  
FOR THE ADOLESCENT  
PERFORMER**  
WITH DR. JOSHUA HONRADO  
**ADULT**

5:45 PM - 6:45 PM  
(CONSIDERATIONS  
FOR THE ADOLESCENT  
PERFORMER)



# SUNDAY 10/27/24

**MOVEMENT  
ROOM 1**  
REAR LEFT  
BALLROOM A/B

**MOVEMENT  
ROOM 2**  
REAR RIGHT  
BALLROOM E/F

**TALK  
ROOM 1**  
FRONT LEFT  
BALLROOM C

**TALK  
ROOM 2**  
FRONT RIGHT  
BALLROOM D

8:15 AM - 8:50 AM

SELF-GUIDED  
WARM-UP TIME

8:50 AM - 8:55 AM

MORNING WELCOME  
& RAFFLE KICK-OFF  
(ALL WELCOME)

9:00 AM - 10:00 AM

MORNING FOCUS  
MOVEMENT FLOW  
WITH DANI ALBERTINA  
YOUTH ARTIST /  
TEEN ARTIST / ADULT

FOUNDATIONAL INJURY  
PREVENTION &  
STRESS MANAGEMENT  
WITH DR. JOSHUA HONRADO  
YOUTH ARTIST



FUELING THE PERFORMER  
WITH LIBBY PARKER  
TEEN ARTIST

10:15 AM - 11:15 AM

QUALITY OF PERFORMANCE  
WITH DONNA VAUGHN  
YOUTH ARTIST

FOUNDATIONS: BREAKING  
DOWN TECHNIQUE  
WITH KATHY VANDEREEDT  
TEEN ARTIST

TRANSITIONING FROM HIGH  
SCHOOL TO UNIVERSITY  
DANCE PROGRAMS  
WITH DR. JOSHUA HONRADO  
TEEN ARTIST / ADULT



11:30 AM - 12:30 PM

QUALITY OF PERFORMANCE  
WITH DONNA VAUGHN  
TEEN ARTIST

FOUNDATIONS: BREAKING  
DOWN TECHNIQUE  
WITH KATHY VANDEREEDT  
YOUTH ARTIST

THE BUSINESS OF  
BUILDING YOUR BRAND  
ON & OFF STAGE  
WITH DANI ALBERTINA  
TEEN ARTIST / ADULT

12:30 PM - 1:30 PM

LUNCH BREAK

LUNCH BREAK

LUNCH BREAK

LUNCH BREAK

1:30 PM - 2:30 PM

FOUNDATIONS: BREAKING  
DOWN TECHNIQUE  
WITH KATHY VANDEREEDT  
ADULT

CHOREOGRAPHY:  
COMPOSITION &  
STORYTELLING  
WITH JOEY HERNANDEZ  
YOUTH ARTIST

FOUNDATIONAL INJURY  
PREVENTION &  
STRESS MANAGEMENT  
WITH DR. JOSHUA HONRADO  
TEEN ARTIST



2:45 PM - 3:45 PM

CHOREOGRAPHY:  
SOURCES & INVENTIONS  
WITH JOEY HERNANDEZ  
TEEN ARTIST

FUELING THE PERFORMER  
WITH LIBBY PARKER  
YOUTH ARTIST

3:50 PM - 4:10 PM

FINAL THOUGHTS &  
REFLECTION  
(ALL WELCOME)

4:15 PM - 5:45 PM  
(THE AUDITION  
EXPERIENCE)

THE AUDITION  
EXPERIENCE  
WITH DONNA VAUGHN  
YOUTH ARTIST / TEEN ARTIST

4:15 PM - 5:15 PM  
(FUELING THE  
PERFORMER)

FUELING THE PERFORMER  
WITH LIBBY PARKER  
ADULT